

# The “F\*ck Off Fund” Formula

## How to Free Yourself from Financial Stress

(This is the Secret to REAL Financial Freedom!)



# What the Heck is a “F\*ck Off Fund”?!

Have you got a “f\*ck off fund” yet?

If you want to be empowered financially, you need one!



It gives you the FREEDOM to say “f\*ck off” to...

→ a job you don’t love but can’t afford to walk away from

→ a boss you can’t deal with but have to play nice to keep your job

→ a relationship that isn’t working that you feel stuck in

→ the nay-sayers who tell you to button up your spending and skip that vacation you’ve dreamt of or the investment you’ve been planning for

Because YOU are the only one who should be in charge of your life!



In this quick guide I’ll share with you how to start your “F\*ck Off Fund” aka “Emergency Fund”.

Get yours started TODAY and know you’re finally FREE to make the decisions that are best for YOU!

# Starting Your Emergency Fund

We should all have an emergency fund. The amount for this fund varies, depending on who you ask.

→ I believe, if you are self-employed, you should aim for six to nine month's worth of expenses.

→ If you are permanently employed, I suggest the equivalent of six month's income.

Below are five tips you can use to start building your emergency fund:

## 1) Create a Space for It



Whether it is a separate account or an envelope or a jar, create space for your emergency fund.

## 2) Set a Small Goal



While the ideal amount for an emergency fund is about the equivalent of six month's income, this can seem daunting. Break up that goal into smaller chunks.

Start with a goal to save \$500 and when you get to that goal, aim for \$1,000.

### 3) Cut Back on Some of Your Spending



I'm not suggesting to stop enjoying your money.

Continue to enjoy your money, after all you work hard for it but, try and cut back on the things that are not supporting you in meeting your current goals e.g. cut back a bit on your Amazon shopping. Or, if you buy takeout four times a week, reduce that to 1-2 times a week.

### 4) Sell Something That is Gathering Dust



We all have something sitting in the garage or in our closet or in the back shed that we no longer need or use. Why not sell it and make some money?

I have a client who sold some shoes and made about \$700. Another client sold a couple of bikes that were hanging in her garage and she got \$300 to start her emergency fund.

### 5) Get a One-Off Job or Odd Jobs or a Second Job in Addition to Your Regular Income



I have a client who started doing dog walking as a way to increase her income.

Another client started running errands for people who didn't have the time or were unable to, due to illness or disability.

Remember, the money in this fund is for emergencies only!!

## The Power of a “F\*ck Off Fund”--Your Unique Money Story

The real power in having your own “F\*ck Off Fund” is tied to YOUR unique money story. We all have a unique money story. Here is my client’s money story, written by her, in her own words.

### *How I Found a Path that Leads to Financial Freedom*

There’s an ugly truth about money that I’ve learned several times in my adult life. It can be a shackle that keeps you trapped, even when you have plenty to pay the bills.

I’m good at paying off debt. I’ve done it about a half dozen times and the amounts were significant. Of course, from that you can gather that I’m pretty good at running up debts.

I never felt my debt was unmanageable. I’ve never reached a point where I worried about being able to pay my bills.

*The problem, though, was that my debt was dictating decisions about my life.*

As I and my partner achieved success in our respective careers, we increased the threshold of debt we carried. We were very generous with ourselves in building our life. The challenge is that this life we were living made me feel trapped when I ended up in employment situations that were unhealthy.

It’s a common story these days. Toxic work environments are affecting workers everywhere. A google search of that phrase brings up 377 million search results! Clearly, it’s a widespread problem.

Spending most of your waking hours in a job like this can compromise your mental and physical health, but it’s often financial health that forces people to stay. I’ve lived this experience twice in my career and it was hard on me and my family. Being unhappy at work and about work infects everyone around you.

After a particularly traumatizing experience with a toxic workplace, a friend suggested I get help making a plan so that I would never have to stay in a job for financial reasons. Though I found a

new job and got away from that toxic environment, my friend knew I would be in the same boat if things went bad in the future.

*I was motivated because I wanted the freedom to do what was best for me and my family.*

So, I called Pamela George. Within 6 months, Pam got us on track with a plan that gave us room to enjoy life while we paid off our debts for good. In fact, we paid over 20K toward our debts while developing the plan and finalizing our budget.

We also created funds that fit our life and needs.

Pam helped us figure out how much to set aside to build an emergency fund (for unexpected expenses and as some call it, a F\*%! Off Fund), and a travel fund so we had a plan for how we'd afford our next big trip without needing to carry a balance on our credit card.

*For the first time since I started making money, I had a plan.*

I knew what money I had and where it was going.

The best part? When I had yet another change to my employment situation, I knew I had the runway I needed to avoid financial disaster.

Am I debt-free or financially free? Not yet. But I'm on the path to get there and I owe it to the expert plan and judgement-free advice I got from Pam.

*I'm on the path to be financially free!*

Are you tired of working hard for good money, but still not living the life you want?

## Start Living the Life You Desire and Deserve!

Free Yourself from Financial Stress, Create an Empowered Relationship with Money, and Get Confident in Your Ability to Manage Your Finances

NEWS FLASH: Money management doesn't have to be difficult, stressful, or hard! No matter what you've been told or what life has shown you so far, there is another way.



By aligning your values and goals to the way you earn, and spend, you'll experience more joy and happiness.

It's not only possible but simple, when you have the right support and guidance. Let me show you how to achieve it!

You can improve your relationship with your finances, balance your budgets, free yourself from money drama, and save for the future so you can start living the life they REALLY want to live.

If you've tried a laundry list of ways to get control of your finances and it feels like nothing's really stuck or worked for you, I've got GREAT news.

It's not you. And it's not your fault. I know, because I've been there, and I've freed myself! The solution wasn't a spreadsheet, another app, a podcast or a book. Tools and tactics have their place. But... they aren't enough on their own.

That's why I was guided to create the Prosperity Circle! It's a community of financially empowered women - and so much more. [Click Here to Discover the 7 Pillars of Money Management Framework](#)

If you're ready to change your relationship with money so you can live the life you REALLY want to live, then the Prosperity Circle group program is for you.

Let's chat. No pressure, no strings. We'll look at where you're at right now, where you want to be, and how to help you get there. And we'll discuss whether the Prosperity Circle is a good fit for helping you achieve your financial goals.

[CLICK HERE TO BOOK YOUR FREE FINANCIAL COUNSELING SESSION! →](#)

Or go here: <https://pamelageorge.as.me/schedule.php>